

EXERCISE SCIENCE PROGRAM

Chandler-Gilbert Community College's programs will prepare you for transfer to a four-year partner institution or to enter the workforce.

If you have a passion for fitness and assisting others, Exercise Science delves into the study of movement and its related functional responses and adaptations. The primary aim of Exercise Science is to enhance the understanding of the connections between physical fitness, exercise, nutrition, and well-being.

Our **Exercise Science program** is crafted to provide you with a diverse set of skills, such as personal training, Kinesiology, Clinical Exercise Physiology, Sport Science, Healthy Lifestyles Coaching, and Fitness and Wellness.

Embark on your career in the industry by enrolling in our Exercise Science program today.

Email: exercise.science@cgc.edu



Areas of Focus:

- Exercise Physiology
- Exercise Testing
- Program Design
- Leadership Skills
- Client Relationship building
- Exercise Technique
- Professionalism

Great Opportunities for Career Advancement:

- Personal Trainer
- Wellness Coach
- Athletic Coach
- Strength Training Coach
- Kinesiology

For details on the program, visit:
**[cgc.edu/degrees-
certificates/exercise-science](https://cgc.edu/degrees-certificates/exercise-science)**



**CHANDLER-GILBERT
COMMUNITY COLLEGE**

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